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5 car myths debunked

Car myths can be difficult to dispel. Here are five common beliefs about driving that simply aren't true.

1. *MYTH:* PREMIUM GASOLINE IS BEST

FACT: Only certain vehicles require premium gasoline. If your owner's manual doesn't recommend using high octane fuel, there's no point in wasting your money. Doing so won't improve the performance of your vehicle.

2. *MYTH:* YOU NEED TO WARM UP YOUR CAR

FACT: If you drive in colder climates you may be used to warming up your vehicle before driving. But the truth is Winter, Spring, Summer, or Fall, it's not necessary at all. By the late 1980's fuel injection systems were introduced and made warming up the car an antiquated process.

3. *MYTH:* IT'S ILLEGAL TO DRIVE IN SANDALS

FACT: Though it's not particularly safe to wear sandals while driving, there aren't any laws that prevent you from doing so.

4. *MYTH:* DRINKING COFFEE OR OPENING A WINDOW CAN GET RID OF FATIGUE

FACT: There's no quick cure for fatigue. Driving when you're sleepy can be just as dangerous as driving while under the influence of drugs or alcohol.

5. *MYTH:* YOU CAN USE YOUR WINTER TIRES IN SUMMER

FACT: Using snow tires year round isn't recommended. Many states require snow tires as early as October. If you're a seasonal visitor and plan to drive your vehicle here in the Valley, running on snow tires could compromise your vehicle's performance on the road.

If you have any questions about driving or maintaining your car, contact your honest local mechanics, Litchfield Auto Repair.

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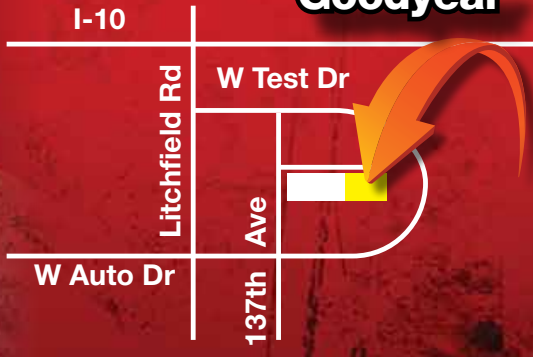

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Here's a Tip

by JoAnn Derson

"Want super-crunchy fries at home? Soak potato pieces in very cold water for an hour (fridge is best, or add ice often); dry and fry. Drain fries well, dust LIGHTLY with flour and quick-fry one more time for only a minute or so." -- T.C. in Idaho

If you want to cool your canned drinks quickly, add water to the cooler with a lot of ice, submerge all drinks under the ice line, and wait about 20 minutes. Without the water, it takes much longer. The water extends the surface contact of the ice.

To keep your ladder from sinking into soft sand or dirt, put each leg into a can or bucket. It creates a much larger surface area, thereby stabilizing the legs.

If you run out of bleach, add 4 tablespoons of hydrogen peroxide to a small load of white laundry.

Be certain to use only distilled water in your iron. The water from the tap can leave mineral stains on clothing, and will kill your iron if you do it all the time. -- R.E. in Louisiana

If you like taking baths, you can invest in a second rubber bath-mat to drape over the side of the tub. The edge will be nonslip, so you can hold on for support, and your hands will not slide.

Before frosting a cake, brush both layers with apricot nectar. This will secure any crumbs and provide a smooth surface. -- L.H. in Illinois

For drains slowed by grease, sprinkle a half-cup each of salt and baking soda down the drain, and follow it with an entire kettle or pot of boiling water.

For delicious baked potatoes, boil a pot of salted water, add whole potatoes with skin, remove from heat and let stand for 15 minutes. Finish in oven for a sturdier skin. Start checking for doneness after 15 minutes in the oven. Baking time can be cut in half! -- J.L. in Florida

Remove that musty smell from stored clothes by adding either vinegar or ammonia to the wash water. Be sure to check for smell removal BEFORE drying, as the dryer can bake the smell into clothes, making it more difficult to remove.

Apricots are a relative of the peach, and they can be ripened just like a peach can -- in a paper bag on the counter. They should be refrigerated when ripe.

"I went to a tag sale and purchased a set of really cute flowerpots for barely anything. I like them so much that I am using them inside my house. They are holding utensils in the kitchen, and remotes and other odds and ends in the living room. They are great!" -- S.I. in Texas

Laundry baskets can be your best friends when decluttering the house. Go from room to room collecting the clutter in a laundry basket, then bring it to a central location to sort and redistribute items that belong in each room.

Send your tips to:w

Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803

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"As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease."
Genesis 8:22

Celebrity Extra *by Dana Jackson*

Q: Is it true that the sitcom "Frasier" is returning? I don't think it will be the same now that John Mahoney has passed. -- *M.E.*

A: Yes, star Kelsey Grammer recently confirmed on "The Talk" that a "Frasier" revival is in the works and that he hopes to begin filming this fall. The real-life death of John Mahoney, who played Frasier's loveable, cranky dad in the original series, will be addressed in the first episode.

★ ★ ★

Q: I was thrilled to see photos of Dick Van Dyke out and about in his 90s. However, what about his "Mary Poppins" co-star Julie Andrews? How is she doing? -- *J.K.*

PHOTO CREDIT: DEPOSIT PHOTOS

Julie Andrews

A: Now 86 years old, Oscar-winner Julie Andrews is doing more voiceover work these days, but it's for several major projects. She narrates the Netflix series "Bridgerton" as Lady Whistledown. She recently told Hoda Kotb on the "Today" show that she hasn't met the cast in person because she does the voice work from "far, far away."

She's also voicing the character of Marlena Gru in the new animated feature film "Minions: The Rise of Gru" and, earlier this year, narrated the film "The King's Daughter."

As for the also-legendary Dick Van Dyke, the spry 96-year-old was recently spotted leaving a restaurant in Los Angeles and buying tanning spray at a drugstore.

Q: We have been huge fans of "Heartland" on Netflix, having just finished watching season 14. We were shocked that Ty is no longer on the show. Why did the actor leave? -- *E.S.*

A: "Heartland" is based on the series of books by Lauren Brooke and set in the foothills of the Rockies in beautiful Alberta, Canada, starring Amber Marshall and, until recently, Graham Wardle. According to entertainment site Looper, actor Graham Wardle's exit from the long-running show was of his own choosing. He apparently approached the show's creator, Murray Shostak, two years ago, saying he wanted to focus on his non-acting endeavors, including his faith-based podcast "Time Has Come." So far, he hasn't returned to television, but I wouldn't rule it out entirely.

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Strange But True

by Lucie Winborne

Possums don't actually play dead. They merely pass out from fear of their predators.

The name "coconut" comes from 16th-century Portuguese sailors. It is believed that the three holes on the fruit resembled a face, so it was honored with the word "coco" meaning "grin" or "grinning face". The "nut" part was added later.

Ketchup leaves the bottle at a rate of 25 miles per year.

When a U.K. autoshop mechanic saw the Google Street View car heading in his direction, he thought it would be fun to stage a murder scene. Police paid his shop a visit a year later after the image finally appeared on Street View.

As a child, Mark Twain nearly drowned nine times before he learned to swim.

Looking to speed up your decision-making capacity? Try an action video game! Players tend to develop a heightened sensitivity to their surroundings, which in turn aids them with multitasking and activities such as driving, navigating around town and even keeping track of friends in a crowd.

In Tokyo, you can buy a toupee for your dog.

Charmin once hosted a contest for toilet paper wedding dresses. The winner received a cash prize of $2,000.

In Oklahoma, it is illegal to wear boots to bed (but shoes are OK).

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SENIOR NEWSLINE

by Matilda Charles

Managing Stress

An informal poll of senior friends makes one thing clear: We are anxious and stressed, and no, it isn't getting any better.

Turn on the news and there's another tragedy. Buy groceries and there is serious concern about the rising cost of food and household supplies. And, of course, there's the pandemic, which, despite the boosters, just isn't going away.

There are, however, small ways to combat the anxiety and stress we feel.

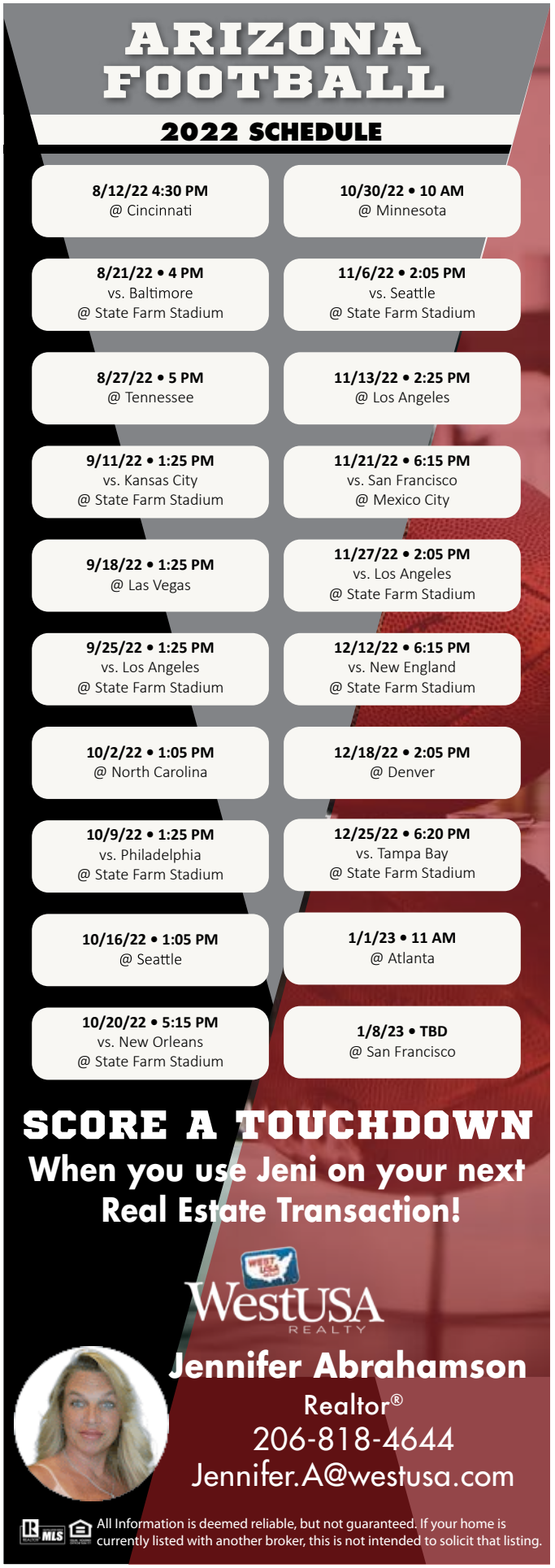
Writing in a daily journal can help focus our thoughts. What exactly is it that's making us anxious today? A few lines that target the problem can shrink it and keep the source from being so large and overwhelming. Finish with a few gratitude lines. What are we thankful for today and what has gone right? It might be something as small as a friend telling a truly funny joke.

Adopting a pet can be a lifesaver, in more ways than one. There are always pets in need of forever homes, particularly elderly pets, or pets whose owners have moved into assisted living facilities or passed on. Consider the benefits of both cats and dogs. Cats can be indoor pets and might even make you laugh. Dogs need to be walked, but that's a good thing for you, and a senior dog might not need long walks.

Explore a new hobby, ideally one that is soothing and engages your mind.

Change your routine in small ways. Yes, you can have pancakes for dinner. Yes, you can sign up for the online music appreciation class at the college.

And don't forget the basics. Get some kind of exercise each day, even if it's just lifting hand weights. Look for yoga videos on the internet that are aimed at seniors. Monitor your diet. Limit caffeine, and aim toward increasing fruits and vegetables and drinking the right amount of water.



Alimental Life
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Alex Koupal
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Dear Alex,

I spend the majority of my days at home by myself watching the movie channels and trying to keep myself busy around the house. The kids come by on the weekends sometimes, but after my wife passed I really don't have a social life. I'd like to get out and meet people, just not sure how to do it or where to go to meet others my age.
— Lonesome

Dear Lonesome,

My sincere condolences for your loss and thank you for your outreach. Loneliness comes in many forms, and becomes particularly prevalent as we move into the later stages of our lives. Not to mention, the residual effects of isolation due to Covid has compounded the frequency and severity of loneliness by all populations.

The area of loneliness has been a well researched topic and we know that loneliness is a contributing factor to more severe physical and emotional health concerns. So much so, that doctors are encouraged to assess patients for loneliness and treat it with the same level of care as depression.

As you already know, loneliness can be combated through socialization. So let's talk about how to open up your social circle and where you might want to start looking for new opportunities to make friends and have experiences. When working clients experiencing loneliness, I always like to start with these first few questions...

What activities do you enjoy?

Is there anything you wish you knew how to do or want to experience?

Where have you felt most comfortable and had the most fun in the past?

What kind of community are you looking for?

These questions should get you started. If you enjoy painting, look up a painting class at the local community center or community college and enroll. Finding an activity to engage with in a group setting is the easiest way to make connections and feed your soul. Other ideas might be a local book club, bowling league, or a bingo night. Invite your neighbors over for dinner and try cooking something new. Check out the local recreation center, club house, library, rotary club, community colleges for game nights, volunteer opportunities, social events and adult classes. Volunteer with your zoo, museum, or food bank and build connections while fostering community growth.

Enjoy the process and be kind to yourself. Maybe share these new experiences with your kids. Let them know you are trying to create some new connections to combat your loneliness, and share with them how it goes. They can be an encouragement for you as well, and may help you find another avenue to explore.

If you need help finding clubs, groups or organizations you're interested in, send me an email. Happy to connect you with relevant groups in our community.

—Alex

For more information, visit **www.alimentallife.com**

Do you have a question for Alex? Looking for advice or have concerns?
You can email questions for Alex's column to INFO.WestValleyStar@gmail.com

The information provided in this column does not, and is not intended to, constitute medical advice; instead, all information, content, and suggestions are for general informational purposes only.

VET'S POST

by Freddy Groves

$240 Million Worth of Fraud

The owner of several construction companies has been nailed for fraud. His crime: Defrauding the Service-Disabled Veteran-Owned Small Businesses (SDVOSB) program for the purpose of grabbing up government contracts that he wasn't eligible for.

The scam went on from 2004 to 2017 and netted the thieves $240 million in contracts over the years.

Sadly, one of the scammers was a veteran. He was talked into pretending that he, a service-disabled veteran, was the majority owner (at least 51%) of the company for the purposes of qualifying for the contracts.

The head criminal in this venture is going to have a good long time to think about it. Depending on how the sentencing turns out, he could be looking at 20 years for each of six counts of wire fraud, not to mention the $250,000 fine for each one.

One of the co-crooks pleaded guilty to his part in the long-running theft. He's since lost his money to bankruptcy and his wife to divorce.

The disabled veteran also has himself in a world of hurt. He lied about the company as well as everything else, even signing the documents stating that he was the majority owner. At least he manned up when they were caught and pleaded guilty, not bothering with a trial.

One thing that stands out for all three of the criminals: TITLE: None of them was lacking in skills or talent. One of them, for example, was a local shining star in developing low-cost housing out of defunct properties and was seemingly well regarded.

If you know of similar fraud that's happening, taking money away from legitimate small business veterans in the Service-Disabled Veteran-Owned Small Business (SDVOSB) and/or Veteran-Owned Small Business (VOSB) programs, you can report it by calling the Veterans Affairs Office of Inspector General at 800-488-8244. For more information on reporting fraud, go online to www.va.gov/oig/hotline/default.asp. Click on the FAQ page to learn what types of complaints the OIG doesn't normally handle. You'll find a long directory of resources there.

Thought for the Day

"It isn't the mountains ahead to climb that wear you out, it's the pebble in your shoe."

— Muhammad Ali

RECIPE *from Stiletto Momma*

Chicken Parmesan Baked Penne

INGREDIENTS:

12 ounces penne

1 pound shredded cooked chicken (about 2 to 3 cups)

1 (25 ounce) jar marinara sauce

2 cups shredded mozzarella cheese

3/4 cup freshly grated Parmesan cheese

1/2 cup chopped fresh basil leaves

Optional garnishes: extra Parmesan, fresh basil, crushed red pepper flakes

INSTRUCTIONS:

1. Prep oven and baking dish: Heat oven to 375°F. Spray a 9×13-inch baking dish with cooking spray.
2. Cook the pasta according to the package directions in a large stockpot of generously salted boiling water until it is al dente.
3. Mix the cooked chicken and the marinara sauce together.
4. Drain and return pasta to the stockpot. Add chicken and marinara sauce and gently toss until combined.
5. Next, pour half of the pasta into the baking dish and spread in an even layer. Sprinkle evenly with 1 cup mozzarella, ½ cup Parmesan, and all of the basil. Layer on the remaining pasta, followed by 1 cup mozzarella and ¼ cup Parmesan.
6. Bake for 20-25 minutes until the cheese is melted and lightly golden. Remove from the oven and let rest for 5 minutes.
7. Serve warm, sprinkled with any extra garnishes.

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Celebrate your retirement with a dream vacation

One of the best things about retirement is that you can use your free time to take the luxurious vacation you've always wanted at any time of year. If you're ready to unwind and take a break from your routine, here are five vacation ideas that may inspire you.

1. Trip. Treat yourself to a complete change of scenery and discover another country's culture, landscapes and flavors. You might visit historic landmarks that are centuries old, visit the country of your ancestors, or plan your entire trip around the exotic foods of other countries.

2. Road trip. Work your way through individual states, or travel from one end of the country to the other. Visit all the places you never got to see during your working years. Travel historic Route 66, or the scenic coastal highway.

3. Festival. Whether you're passionate about music, classic cars or art, let loose and enjoy yourself. There are music festivals in some of our most unique and facinating cities. If you're a lobster lover, consider the Maine Lobster Festval. How about the Flower and Food Festival at Dollywood? Burlington, Vermont hosts a Festival of Fools every year. Maybe it's always been your secret dream to attend a film festival — here or abroad. And who doesn't want to meet Punxatawney Phil, that famous ground hog who holds sway over winter weather at the Punxsutawney Groundhog Festival in Pennsylvvania?

4. Rental. Rent a cottage or villa in a picturesque location where you can practice various activities like hiking and swimming... or just bask in the beauty of your surroundings in some of the most spectacular locations around the world.

4. Cruise Lounge on the sun deck, enjoy stress-free entertainment and participate in excursions at the various ports of call. You can cruise to the tropics, snowy Alaska, or cruise historic rivers here in the U.S. or across Europe.

Whatever your dream vacation may be, consult with an experienced travel company that can help you plan the trip of a lifetime — and don't forget to ask about reduced rates for seniors to help you save some of your hard-earned money.

A down-to-earth advisor who has been in the business since 2001, Laura Robb enjoys helping clients create a financial road map to help them pursue their goals and passions in life. She works with individuals, families, single women and snowbirds, offering wealth management strategies in step with their needs, objectives and risk tolerance.

Laura's clients appreciate how she explains technical topics in terms that are easy to understand, empowering them as investors. She takes her responsibility as a steward of her clients' resources very seriously.

"I always feel honored when someone chooses me to be their financial advisor," Laura says. "It is not something to be taken for granted." She prefers an in-depth approach to getting to know clients, which guides her decision-making. She strives to provide personalized strategies for managing and preserving wealth based on strong relationships.

Laura joined Raymond James in October 2015, drawn by its in-depth resources and investing platform that empowers her personalized style of advice. Prior to that, she served as an advisor and limited partner at Edward Jones in Port Angeles, Washington, for 14 years, where she also offered her skills as a mentor, field trainer and new advisor trainer.

Laura makes time to serve in the community to make a difference in others' lives. She volunteers with Meals of Joy senior meal program, and is currently their vice-president. She also volunteers with Rotary International, Sequim Education Foundation, United Way, Montessori in the Park and she's a current class member of Leadership West.

Though she grew up in Southern California, she built her career in Washington state and now splits time between Washington and Goodyear, Arizona. When she's away from the office, you'll find her traveling, gardening, riding her motorcycle, mountain biking and spending time with family, which includes her husband, Jeffery, and their children, Danielle and Colby.

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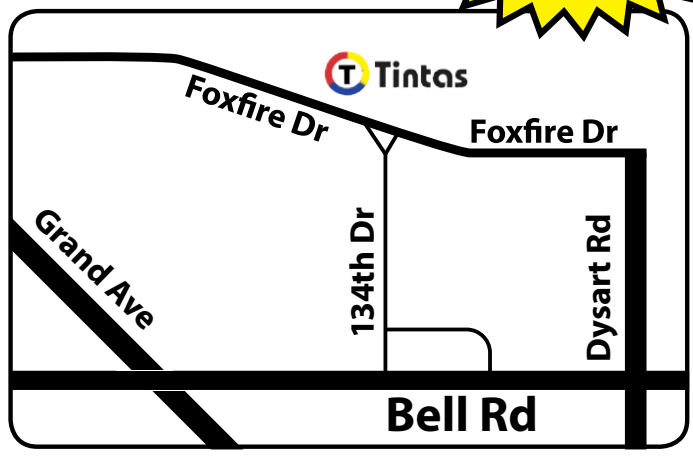

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Driving on empty can damage your car

Driving with a depleted gas tank is risky. In addition to the possibility you'll get stranded, you could potentially damage your vehicle. Here's what you should know...

IT CAN DAMAGE YOUR FUEL FILTER - Dirt and debris will collect in your gas tank over time. If you drive while the fuel level is very low, you risk debris getting sucked into your fuel pump and clogging the fuel filter.

IT CAN DAMAGE YOUR FUEL PUMP - Fuel pumps are designed to operate while submerged in gasoline. Plus, the fuel in your tank helps keep the pump cool. Running on empty will expose the fuel pump and could cause it to overheat.

IT CAN CAUSE YOUR ENGINE TO MISFIRE - If your gas level gets too low, the fuel pump will suck in air which can cause your engine to misfire. Over time, multiple misfires may damage your engine.

IT CAN DAMAGE THE EXHAUST SYSTEM - If you run out of fuel your car will sputter and stall, which can damage your catalytic converter, an expensive part of your vehicle's exhaust system.

Avoid these problems by always having plenty of fuel in the tank. Start looking for a gas station when your tank is a quarter full.

HOW FAR CAN YOU GO ON AN EMPTY TANK?

Your dashboard warning light will illuminate when two to three gallons of gasoline remain in the tank. How far you can travel depends on the type of vehicle you drive, road conditions, whether you're driving uphill or downhill and if you're cruising in town or on the highway.

4 tips for driving in the sun

Cruising the open road on a summer day can be great. However, if the sun is low, it's likely to create a blinding glare that makes it hard to see the road in front of you. Follow these tips to avoid getting into an accident.

1. Slow down

If the sun's glare is affecting your ability to see, the best thing to do is reduce your speed. This way, you'll have more time to react if the car in front of you suddenly brakes or if an animal unexpectedly appears on the road.

2. Turn on your low beams

If you're blinded by the sun, chances are so is everyone else. To make sure you're seen, turn on your low beams, even if it's light outside.

3. Keep your windows clean

Bright light can reveal dirt, dust, smears and fingerprints on your windows, which can obscure your view of the road. This is why it's important to regularly clean the inside and outside of your windshield and rear window. Additionally, make sure your wiper blades are working and your washer fluid is topped up.

4. Wear sunglasses

Depending on the position of the sun, the visors in your car can be either very effective or completely useless. To ensure you're prepared for intense glare, always keep a pair of sunglasses on hand.

Happy driving!

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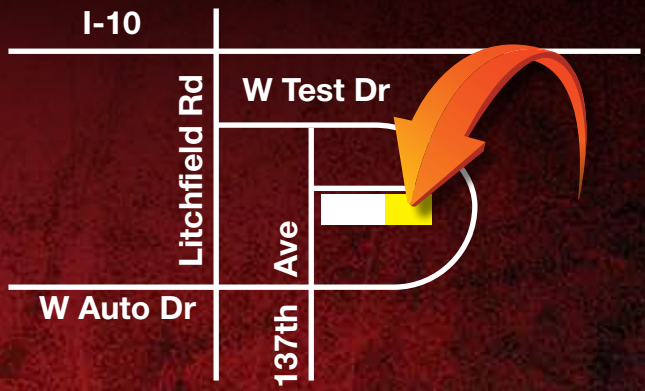

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CRACKED OR SAGGING PANEL

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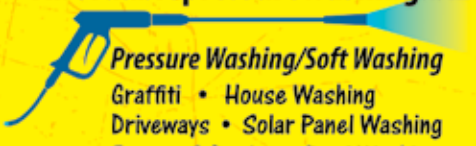
Affordablepressurewashing.biz



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Instead of worrying, just call us (Rick or Marcus my brother) right now. Frankly, most all garage door problems are easier to repair and less costly than you might think. And if we don't have an inexpensive solution, we'll direct you to the right place. However, we can probably help you right away with advice, pricing questions, parts, service and repairs. If you're eager to get the door working again there's no problem we can't fix the same day you call.

But no matter what the problem is we can give you good advice!

Here's some advice watch out for the companies offering GOOD, BETTER, OR BEST options, garage door springs are very heavy and it's hard to carry this kind of selection on a van, we offer only the BEST of everything we sell.

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Paws and Claws

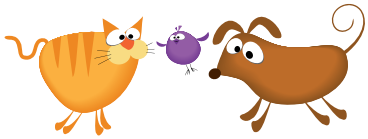
Head pressing in pets

If your cat or dog suddenly starts to press its head compulsively against a wall, it's not because it wants to play hide-and-seek with you. This behavior is known as head pressing and indicates a serious health problem that shouldn't be ignored.

When pets press their heads against a wall, they're often trying to soothe a severe headache or are very confused. In fact, this behavior may indicate that your pet is suffering from a brain tumor, encephalitis or a stroke.

Your pet may also behave this way if it has a liver problem or sodium imbalance. Alternatively, your pet may have taken a blow to the head or been exposed to a toxic substance.

One thing is certain, head pressing requires prompt intervention. If in doubt, consult with your local veterinarian.



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Green living

5 things you should never throw in the recycling bin

It's important to help curb climate change and do as much as possible to limit our waste. Recycling is a big part of that process. The City of Goodyear says, "The ultimate goal to having a good, clean, beneficial recycling program is making sure you're putting the right things in the recycling bin," and really, that's true everywhere. Did you know that many common household products *can't* be recycled?

1. Aerosol cans. Although made of metal, aerosol cans are considered hazardous waste if any amount of liquid remains inside.

2. Batteries. Batteries contain toxic heavy metals, so please don't throw them in with your regular trash or toss them in the recycling bin. Take old batteries to a facility that can safely process them like Interstate All Battery Centers or Batteries Plus Bulbs.

3. Plastic shopping bags. Sorry, these are not recyclable, but most stores have a collection bin for used bags.

4. Pizza boxes. Cardboard is recyclable, however, if it's covered in oil, grease and melted cheese, you can't put it in the recycling bin. Tear off the good part for recycling and throw away the bad part.

5. Pottery and ceramics. Old coffee mugs, dishware and flowerpots are different from glass items and can't be readily recycled. If you have unwanted, unbroken ceramic items, donate them to your local thrift shop.

Other items commonly thrown in recycle bins that are not recyclable include Styrofoam, textiles (including shoes), air filters, and green waste such as grass, shrubs, tree cuttings, dirt and soil.

Check your municipal webite for the rules and regulations of your local recycling program to make sure what you put in your bin is acceptable.

Are you lost on Google?

Did you know 97% people doing online searches look for "near me"?

And that 78% of local searches prompt an offline purchase?

If your business is not found in the local map and organic search results you're losing potential customers and leaving a lot of money on the table!

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Circle 25 of the Advertisers found in this month's West Valley Star and mail in this page to win.

L	E	C	I	V	R	E	S	M	U	I	N	E	L	L	I	M	W	S	M
I	P	S	D	L	R	O	W	E	F	I	L	D	L	I	W	Q	O	D	A
T	G	R	T	N	E	R	S	B	D	M	T	S	T	A	Y	U	M	V	R
C	J	N	Y	R	Z	F	N	U	W	W	E	R	L	R	T	T	O	M	D
H	T	J	I	L	O	N	I	Q	N	M	A	L	E	H	I	N	W	L	K
F	V	N	Z	T	B	P	S	L	A	S	E	R	W	E	D	N	X	J	L
I	E	M	E	Y	E	A	M	J	L	B	H	E	D	A	O	J	I	A	W
E	P	S	Y	W	T	K	D	I	A	A	S	I	L	J	C	F	S	T	M
L	S	J	O	N	E	N	R	L	Y	T	T	E	N	B	O	U	O	G	Y
D	D	U	I	R	O	N	D	A	G	L	G	N	P	E	T	N	D	I	D
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O	R	L	N	K	C	I	G	S	T	N	R	I	B	S	R	L	N	L	B
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P	B	S	W	O	B	G	O	R	O	N	D	F	L	B	O	G	C	Y	Z
A	C	G	O	J	J	A	T	N	E	L	I	M	M	O	Q	S	V	X	V
I	Y	R	Y	W	N	L	L	B	E	N	A	Z	G	R	C	D	M	G	E
R	S	R	V	K	Q	R	Y	K	G	Q	Z	R	Y	B	G	K	Y	F	B

TO WIN Enter by August 17, 2022

OFFICIAL CONTEST RULES. Solve the puzzle and mail in this page to win. Circle all or part of the names of 25 advertisers found in this month's West Valley Star ads. Names may run left, right, up, down or diagonally. Must be 21 or older to enter. Employees of the West Valley Star or its advertisers are ineligible. A drawing will be held from all correct entries. One winner will receive dinner for two and two movie passes. Three winners will receive a consolation prize of two movie passes. Winners will be notified by phone, and prizes will be sent by mail.

Check www.westvalleystaraz.com for any corrections or announcements

Name_____

Address _____

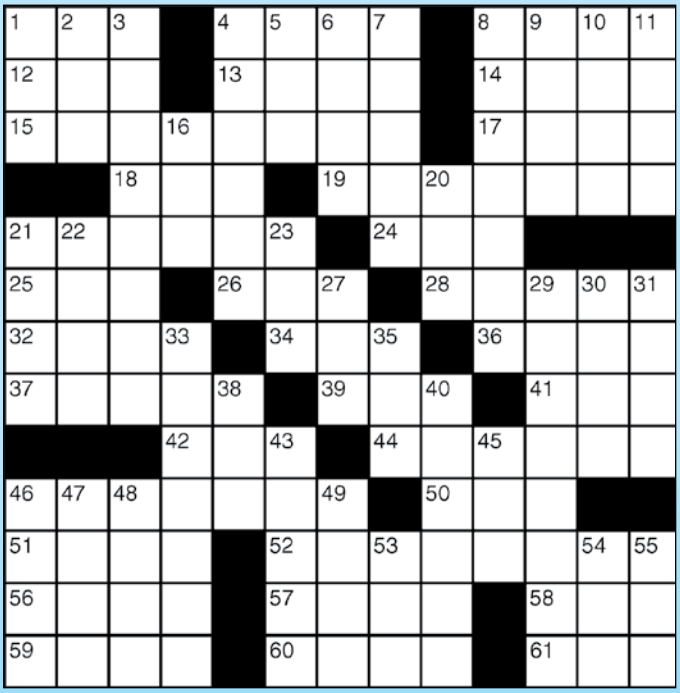
_____

Phone _____

email _____

Mail puzzle with answers to:
West Valley Star Puzzle, P.O. Box 5731, Sun City West, AZ 85376

King Crossword



Time to beat: 25 minutes

ACROSS

1 Hotel amenity
4 Beach bucket
8 "-- it going?"
12 Sandwich meat
13 Roughly
14 "Garfield" dog
15 Class that includes newts and frogs
17 Style
18 Corn serving
19 Took the helm
21 Clara of the Red Cross
24 Guffaw syllable
25 Lawyers' org.
26 Label
28 Potato, for one
32 Toy block name
34 "Uh-huh"
36 The Big Easy acronym
37 Put in office
39 Sea, to Henri
41 Kimono closer
42 Nanny's charge
44 Beach robe
46 Boris' cartoon partner
50 Twitch
51 Hgt.
52 Highway turnoff
56 Aachen article
57 Snitch
58 -- -jongg
59 June honorees
60 Sheltered
61 Group of seals

DOWN

1 Na Na lead-in
2 Nonstick spray
3 Electrical strength
4 Christie sleuth
5 Wall St. wheeler-dealer
6 Egyptian deity
7 Reluctant
8 Four-bagger
9 Air freshener target
10 Broad
11 Feeder filler
16 Fez, e.g.
20 "Dig in!"
21 Hay bundle
22 First victim
23 Opposing vote
27 Wrigley product
29 Training site
30 Exile isle
31 Picnic spoiler
33 Scale ranges
35 Chest muscle
38 Lean- -- (sheds)
40 Baby's toy
43 Letter before iota
45 Fragrant tree
46 Must have
47 Inter --
48 See to
49 Skater's leap
53 -- -de-France
54 Chinese chairman
55 Prof's degree

Sudoko *by Linda Thistle*

	2				6	1		3
		1		5				7
4			9				8	
6		2	5					9
	5			7			1	
8					3	6		
	3		4			8		
		9		6			5	
7			8		1			2

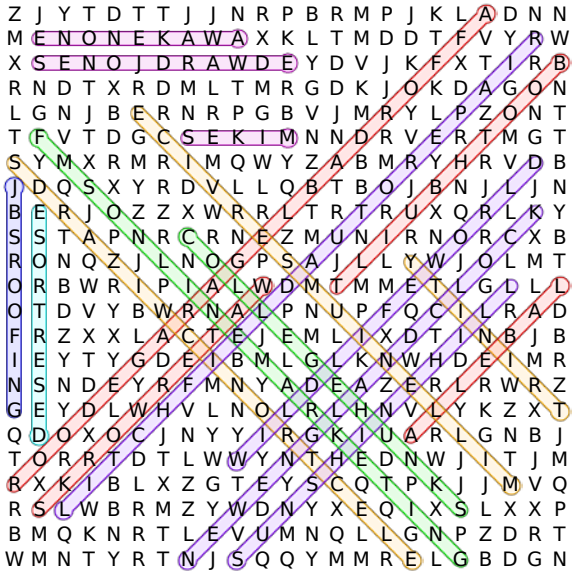
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY: ★ MODERATE

SOLUTIONS

2	6	9	1	3	8	5	4	7
4	5	3	7	6	2	9	8	1
1	7	8	5	4	9	6	3	2
5	4	6	3	2	1	7	9	8
8	1	2	9	7	6	4	5	3
9	3	7	4	8	5	2	1	6
6	8	5	2	1	9	3	7	4
7	2	4	8	5	3	1	6	9
3	9	1	6	9	7	8	2	5

Dinner and a Movie JULY SOLUTION



JULY WINNERS

GRAND PRIZE
Denise Gil
Buckeye

WINNERS OF MOVIE PASSES

Bob Ralicki
Goodyear

Janet Peck
Buckeye

Colleen Alton
Litchfield Park

For Advertising Information, Call 623-249-4749

Hollywood *by Tony Rizzo*

PHOTO CREDIT:SONJA FLEMMING/CBS

Carol Burnett

HOLLYWOOD — I was 11, and Carol Burnett was 26 when we first met. I haunted a candy store next to the off-Broadway Phoenix Theater, where Carol was starring in "Once Upon a Mattress." When she became a regular on "The Garry Moore Show," I was her guest at tapings each week. Had it not been for Carol, you might not be reading this. "The Carol Burnett Show" became a classic CBS variety series, and she became a legend.

At 89, Carol's in her third marriage to Hollywood Bowl Orchestra drummer Brian Miller, and they're celebrating 21 years together come November. The "Carol Burnett Show" and "Mama's Family" have been huge successes in syndication for years. She could easily rest on her laurels, but happily, she's signed to be a regular in the 10-part Apple TV+ series "Mrs. American Pie," produced by and starring Oscar-winner Laura Dern, who's assembled a great cast: Kristen Wiig, Allison Janney, Ricky Martin and Josh Lucas. It's about a woman trying to break into Palm Beach Society. Thanks, Carol, for pointing me in the right direction.

★ ★ ★

Movie theaters may finally be getting their audiences back. It's going to be a three-way fight between "Top Gun: Maverick," which joined the billion-dollar film club after one month in release; "Jurassic World: Dominion," which reached a billion-dollar gross in half the time; and "Elvis," which swiveled out of the gate strongly and is nipping at their heels. Moviegoers were stunned by Tom Hanks' portrayal of Col. Tom Parker, partly because they didn't know Parker was a greedy, ruthless man who purposely held Elvis Presley back to make more money.

★ ★ ★

Captain America meets Mary Poppins! Chris Evans ("Captain America" in 12 Marvel films) will star alongside Emily Blunt (of "Mary Poppins Returns" and "A Quiet Place" movies) in "Pain Hustlers"-- a movie about a high-school dropout who lands a job with a failing pharmaceutical startup in Florida. Evans also can be seen in Netflix's "The Gray Man," with Ryan Gosling, and in the Apple TV+ rom-com "Ghosted," with Ana de Armas and Adrien Brody, coming soon. Emily Blunt has "Oppenheimer" in theaters July 2023.

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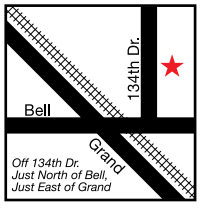

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